Dear colleagues’ members of the International Federation for Home Economics,

I send you my greetings from Sudan in the heart of Africa to each and all of you around the Globe. I am happy that our Newsletter is full of news, events, and activities of our profession all over the world. I am always hoping that this Newsletter will be a platform for all of you to voice your innovation and achievements at your parts of the world and to learn from each other and exchange ideas and conduct joined research for the benefit of our individuals and families all over the world.

I really encourage all our members to network via our Annual Meetings, Councils and Congresses and to invite us to join you in your activities weather physically or via use of technology. I was able to send congratulatory messages to the region of Asia at ARAHE Regional meeting, the Korean Home Economics Association when celebrating their 70th Anniversary and for the upcoming Philippines Home Economics Association Conference.

I was able to join the African Regional Conference in Nigeria last year and was able to join the European Home Economics Association Meeting end of August.

The benefits we gain supporting each other will have impact on our work and consequently our profession. We dream to have a profession that serves our individuals, families and communities to ensure their well-being in a sustainable manner.

...continued on page 2
We need a mindset, which considers the social, ecological and economic consequences based on values as well as professional and sustainable competencies.

We need to encourage our professionals to understand the complexity of our lives and the need to face the reality of today’s economic hardship that most regions are facing. The challenge is in learning how to negotiate a sustainable future, a future that we will build together when joining hands and efforts to solve our problems.

We need to engage more youth in our profession as they will ensure our sustainable future via their innovation and creativity. Our youth will inherit our enthusiasm for our profession if we mentor them, and if we train those using new competencies to develop their critical thinking via education for sustainability.

The International Federation for Home Economics (IFHE) will continue to be a dynamic global organisation recognised for its professional expertise, its advocacy and support for improvement in the quality of everyday life for all. This vision will be fulfilled if we together take responsibility to create our sustainable future.

Sidiga WASHI
IFHE President (2016 – 2020)

Dear IFHE Members,

On behalf of IFHE President Prof. Dr Sidiga WASHI, today we would like to draw your attention to the next IFHE Annual Leadership Meeting and Home Economics Conference 2019 and encourage you to already save this important date. The 2019 Annual Meeting will be hosted by the Caribbean Association of Home Economists Inc. (CAHE) whom we sincerely thank for their hospitality and willingness to organise this event.

The Annual Meeting takes place in Port of Spain, Trinidad from 18th – 22nd March 2019. It not only provides an excellent opportunity to network with other Home Economists from around the world but is the federation’s working hub. Executive and Council Committees meet, IFHE thematic workshops are offered and Programme Committees use the Annual Meeting to prepare their contribution for the XXIV IFHE World Congress 2020.

The working meetings will be followed by an interesting, one-day Home Economics conference on “Creativity and Innovation in Home Economics for Sustainable Development”. Professor Dr Donna PENDERGAST, keynote speaker, will speak on the theme of the Conference.

At the request of the 2018 Council Meeting, another highlight of the conference will be a “Journal Writers Workshop” to be conducted by Professor Dr Donna PENDERGAST, Editor of the IFHE E-Journal, who will give insights on how to write a scientific paper. Participants are invited to present papers relating to the conference theme during the event.

For further information please see the IFHE Website under https://www.ifhe.org/ifhe/meetings/ifhe-annual-meeting-2019/ and look forward to more detailed information before registration starts in autumn.
XXIV IFHE WORLD CONGRESS 2020 UPDATE
Submitted by Bev CARD and Janine DUNCAN, CFCS, Co-Chairs IFHE Congress Organising Committee, USA

Planning continues as your IFHE-US colleagues prepare to welcome you to America. The official Congress website was launched in May 2018. Go to: [IFHE World Congress 2020](https://www.ifhe.org). The tentative program-at-a-glance is ready to download. A Letter of Invitation and Visa Information are also available. Be sure to note that there is a Pre-Congress for Educators. Also, new at this Congress is a Learning Day on the Move, which incorporates educational and technical excursions in and around Atlanta, including the University of Georgia-Athens into one day.

The Congress program is almost complete. Plenary speakers are about to be invited. Thematic threads are being developed to connect plenaries, symposia and workshops for depth and continuity. Registration information will be available in September 2018. Abstract guidelines will be posted in December 2018.

So now is the time to start planning to attend the next World Congress from 2nd – 8th August 2020!

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GENTLE AND URGENT REMINDER - IFHE MEMBERSHIP FEE 2018

Dear IFHE Members,

Thank you to all IFHE Members, who paid the IFHE Membership fee 2018.

Gentle reminder to those, who missed to pay the IFHE Membership fee 2018 until now.

For the payment please use the credit card online payment under the following link [https://www.ifhe.org/member/online-payment](https://www.ifhe.org/member/online-payment)

Best regards

The IFHE Office Team
TRANSFORM CONSUMPTION AND PRODUCTION SYSTEMS TO ACHIEVE SUSTAINABILITY

Submitted by Sylvia LOREK, IFHE Member Germany

The Sustainable Development Goals (SDGs) were formulated in 2015 by the United Nations as a comprehensive global policy framework for addressing the most pressing social and environmental challenges currently facing humanity. The IFHE already reflected on them in several IFHE Position Papers.

Now IFHE Member Dr. Sylvia LOREK contributed to a new journal article published in Sustainability Science with the title “Transforming systems of consumption and production for achieving the sustainable development goals: moving beyond efficiency” analysing SDG 12, which aims to “ensure sustainable consumption and production patterns”.

The authors point out that despite long-standing political recognition of this objective, and ample scientific evidence both on its importance and on the efficacy of various ways of promoting it, the SDG do not provide clear goals or effective guidance on how to accomplish the urgently needed transformation towards sustainable consumption and production (SCP). Drawing from the growing body of research the paper identifies two dominant vantage points - one focused on promoting more efficient production methods and products (mainly through technological improvement and informed consumer choice) and the other stressing the need to consider also overall volumes of consumption, distributional issues, and related social and institutional changes.

Research shows that while the efficiency approach contains essential elements of a transition to sustainability, it is by itself highly unlikely to bring about sustainable outcomes. Concomitantly, research also finds that volumes of consumption and production are closely associated with environmental impacts, indicating a need to curtail these volumes in ways that safeguard social sustainability, which is unlikely to be possible without a restructuring of existing socioeconomic arrangements.

Analysing how these two perspectives are reflected in the SDGs framework, they find that in its current conception, it mainly relies on the efficiency approach and conclude that the SDG represents a partial and inadequate conceptualisation of SCP which will hamper implementation. Based on this determination, the paper provides some suggestions on how governments and other actors involved in SDGs operationalisation could more effectively pursue SCP from a systemic standpoint and use the transformation of systems of consumption and production as a lever for achieving multiple sustainability objectives.

For more information please follow the link to the article under https://link.springer.com/article/10.1007%2Fs11625-018-0582-1

IFHE COUNCIL MEETING 2018 – KHARTOUM, SUDAN

The documentation of the IFHE Council Meeting 2018, additional information and impressions of the meeting are now available for downloading in the IFHE Members Only Area under https://www.ifhe.org/membership-and-login/login/ifhe-meetings/ifhe-council-meeting-2018/ (if logged in)
CALL FOR NOMINATIONS FOR THE UNESCO EDUCATION PRIZE 2018
Submitted by Mona SHARAF ABDELGALIL, IFHE Representative at the UNESCO

The following call provides an interesting opportunity to present Home Economics activities for sustainable development that venture into the field of ICT.

If you know about activities that could be worth presenting, please contact Mona SHARAF ABDELGALIL under mon_abdelgali@hotmail.fr for further information.

Dear Partners,

UNESCO is pleased to invite you to submit applications and nominations for the 2018 UNESCO-King Hamad Bin Isa Al-Khalifa ICT in Education Prize.

Created in 2005, the Prize rewards individuals and organisations who are promoting innovations in leveraging ICT for achieving Sustainable Development Goal (SDG) 4 on Education.

This year’s theme is: “The use of innovative Information and Communication Technologies to ensure education for vulnerable groups”. The winning projects should particularly focus on out-of-school children, non-literate or under-skilled youth or adults suffering from various barriers, personal disabilities, gender inequalities or crisis-affected situations. Special attention will be given to projects that use integrated ICT solutions that blend commonly used technology with frontier ICT applications relating to Artificial Intelligence, Augmented Reality, machine learning, robotics, big data, etc.

The application and nomination process takes place via an online platform (for new users, please register here).

Please note, that all online applications should be supported by a National Commission for UNESCO or an NGO in official partnership with UNESCO.

More details about how to submit an application can be found here. The submission deadline is 31st October 2018.

We look forward to receiving your applications!

The UNESCO Mobile Learning Week Team

CALL FOR APPLICATIONS: HOSTING XXV IFHE WORLD CONGRESS 2024

IFHE invites its member organisations to bid for hosting the IFHE World Congress 2024. Being the XXV World Congress, this international gathering of Home Economists is a perfect opportunity to celebrate the history of IFHE. Last Congresses took place in Switzerland (2008), Australia (2012), South Korea (2016) and in 2020 in the United States, thus representing the diversity of IFHE Regions.

Interested members please contact the IFHE Office (office@ifhe.org) who gladly provides you with background documents and can establish contact to previous organising committees for you to take an informed decision.
BIENNIAL CAHE CONFERENCE 2019
Submitted by Audrey JONES-DRAYTON, IFHE Liaison Caribbean

The Antigua and Barbuda Home Economics Association (ABHEA) is exited to invite all to the 23rd Biennial Conference of the Caribbean Association of Home Economists Inc. The Conference dates are 12th – 17th April 2019 at the ADOMS Conference Centre, Factory Road, St. John’s, Antigua. The theme of the Conference is “Home Economics: Investing in Risk Management for Resilience”.

The Conference Planning Committee is committed to providing memorable venues and accommodations at the most competitive rates. There will be captivating and engaging workshops, educational tours and interactive sessions. The Conference promises to be one that will leave you refreshed physically and with a renewed sense of purpose as a Home Economist to continue to improve the quality of lives of Caribbean families.

For more information please have a look under https://www.ifhe.org/regions/region-americas/information/ or via CAHE Website under http://caribbeanhomeeconomist.org/event/cahe-23rd-biennial-conference-antigua/

HOME ECONOMICS PROFESSIONAL ASSOCIATION OF NIGERIA (HEPAN) – 8TH NATIONAL CONFERENCE 2018
Submitted by Prof. Dr. Patricia MBAH, IFHE Vice-President Region of Africa and President of HEPAN


This Conference will be hosted by the National Institute for Educational Planning and Administration (NIEPA).

Please have a look under https://www.ifhe.org/regions/region-of-africa/information/
NEWS FROM THE IFHE REGIONS

ANTIGUA AND BARBUDA

Submitted by Audrey JONES-DRAYTON, IFHE Liaison Caribbean

Much of the work of Home Economists around the world goes unnoticed. In addition to their regular duties, many go beyond the call of duty and much of what they do includes sensitive service to children in schools, their families and their communities. It is therefore necessary to express appreciation and gratitude for service to them and to others in any sphere of life. Many find these ceremonies more satisfying than even tangible rewards. In the Caribbean this is no exception.

The Antigua and Barbuda Home Economics Association honoured eleven (11) retired Home Economists for their years of dedicated service during their Home Economics Week celebration. The former Education Officer Mrs. Beverly ALLEN, a Home Economist, was also honoured having been promoted to an Assistant Director in the Ministry of Education, Science and Technology with responsibilities for Curriculum Development.

President Loren DAVIS (left) of the ABHEA and Awardees

We salute both Antigua and Barbuda Home Economics Association and the Awardees on this prestigious occasion. See the link below for more photos:
https://drive.google.com/drive/folders/13nhWC4OzrKHojOBZ4C2Ea64SdmRgUkqo

This concludes their celebrations for Home Economics Day 2018.
#WHED 2018   #Home Economics   #HomeEc

IFHE EUROPEAN HOME ECONOMICS CONFERENCE IN AUGUST 2018

Submitted by Franziska HONEGGER, IFHE Vice-President Region of Europe

Dear IFHE Members and Colleagues,

We were very pleased about your visit end of August in Osnabrück!

For more information please have a look under
https://www.ifhe.ch/2018/03/eahe_konferenz_2018/
Dear IFHE Members,

As a lifelong Home Economics professional and an individual member of IFHE, it will be appropriate in making myself a voluntary messenger between China and IFHE when China has not yet organised a network nationwide in the field of Home Economics so far.

With its largest population, there’re more than four hundred million families in China, Home Economics Education (mostly non-degree discipline) emerged along with professional associations from the coastal region to the inland cities in the 1980s after cancellation from universities for several decades since the early 1950s.

Since the 1970s, with its partner Jiangsu Association of Home Economics, JAHE, Ginling College had successfully organised seminars/summits for several times, and built up a good friendship with the late IFHE President of Honour Prof. Dr. Maria THIELE-WITTIG, IFHE President of Honour Gertraud PICHLER and other Home Economics friends all around the world.

As a college with Home Economics Education traditionally, a series of seminar and practical application had took place in and outside campus in the last three months.

In response to the theme of the World Home Economics Day 2018 “Home Economics Literacy: Skills for Healthy and Sustainable Cooking”, you may find photos taken on the site activities. And event highlights will be accepted into the annual journal of the association mentioned in the second half of this year.

(Photos - Source: private)
NEWS FROM THE IFHE REGIONS
GERMANY – REFLECTIONS AFTER
ATTENDING THE NATIONAL SUSTAINABILITY
SUMMIT 2018
Submitted by Annette PTASSEK, IFHE Executive Director

In June, the 2018 Sustainability Summit in Berlin attracted over 2,000 actors from diverse parts of German society. Representatives from public institutions, think tanks, government, NGOs, universities, municipalities and companies critically reviewed the German sustainability strategy and discussed with renowned panelists like Helen CLARK, former Prime Minister of New Zealand and Head of UNDP and Dr. Angela MERKEL, German Chancellor.

Helen CLARK and Chancellor Angela MERKEL at the Annual Conference of the German Council for Sustainable Development (Source: Benjamin Pritzkuleit, Rat für Nachhaltige Entwicklung (RNE))

It was impressive to see the many angles civil society actors contribute to creating a sustainable future. Even more interesting was a discussion that made me wonder about the prospects of IFHE’s self-presentation. In this discussion, international panelists criticised that in Germany, creating a sustainable future is often seen as helping less developed countries to achieve the SDGs. And that learning and exchange rarely enough includes learning from the specific knowledge of these countries.

This, by itself, might not only a German or European problem. But it shows the rare quality of IFHE as an international federation committed to learning and exchange, which unites experts from different backgrounds and regions learning from each other, aiming to advance the profession as a whole and by this promoting the creation of sustainable lifestyles. This quality might be obvious to IFHE Members. Being an advocacy group, we should, however, not be too shy to present these strengths to others.

And we should be aware that IFHE’s unique set-up and proven cooperation practice is something other civil society actors might be interested to hear about.

INTRODUCTION OF IFHE LIAISONS

Region of Pacific
Dr Jay DEAGON is an accredited IFHE International Professional Home Economist (IPHE) and Home Economics lecturer at CQUUniversity, Australia. Jay supports pre-service teachers to learn about Home Economics content through authentic professional practice strategies.

Jay is also the founder of the social network, HomeEcConnect, that promotes Home Economics as a vehicle for empowering individuals, families and communities to make ethical and sustainable choices.

Her research includes facilitating cookery skill training with severely marginalised women in Kathmandu, Nepal; and work with rural and remote people regarding nutrition skills and knowledge.

Jay is passionate about empowering people in difficult circumstances to find solutions to their own unique and complex life challenges.
Germany

Beatrix FLATT
I am working as a freelancer journalist with Home Economics as main emphasis. I am responsible for an association magazine for Home Economists working in institutional households.

Sweden

Karin HJÄLMESKOG
Home Economist and associate professor in education.
Karin is the chair of the Swedish Committee for Home Economics, SKHV.
She has been an active member of IFHE since the early 1990s and have attended annual meetings, council meetings and world congresses since then, including six world congresses. She works at Department of Education at Uppsala University.
As a researcher she focus on Home Economics education, education for sustainability and health. Her teaching also includes teaching and learning for preschool teacher students. She have published articles in international journals including IJHE and some books.

Canada

Marilyn WEBER
Marilyn taught High School Family Studies and Cooperative Education for 32 years in St. Catharines, Ontario, Canada. She has been retired for 17 years but remains a member of several Home Economics Associations. She has been attending most IFHE Councils and Congresses since 1996 as a representative for the Ontario Home Economics Association and as the IFHE Canada Liaison. Chairing the nominations committee for the Region of the Americas is another duty.

United Kingdom

Ruth GIBBONS BSc (Hons),FICSc, IPHE
Ruth graduated from the University of London – gaining an honours degree in Household Science. Since graduating she has applied her knowledge to her work in every area of Home Economics – textiles, food & equipment. Most of her work has been in business but she has also worked as a university lecturer, college tutor and with teachers in education at all levels. She is now almost retired but still does freelance work occasionally.
She attended her first IFHE Meeting in 1992 at the Congress in Hanover when, as Chairman, she represented the UK Institute of Home Economics. Following those meetings she became an individual member of IFHE, working with the International Business Group of which she was Chairman. For many years she has been the IFHE Liaison for the UK and was responsible for the development of the web site www.ifhe.org.uk of which she is the administrator. She served on the Executive committee as the member for Europe from 2014 until 2018.
Ruth lives near Lancaster, in the Northwest of England. She is very involved in her local community, running the village twinning organisation - they are twinned with the village of Socx in Northern France – and this year has been elected President of her local Womens’ Institute.
Her interest in international affairs has been extended this year by her appointment as the Lancashire WI’s representative for Associated Country Women of the World.
TRIBUTE TO SONJA LEWIS, ST. VINCENT AND THE GRENADINES

Submitted by Audrey JONES-DRAYTON, IFHE Liaison Caribbean

Mrs. Sonja LEWIS, held the title of Certified Professional Home Economist, CPHE and President of Honour having been a President of our 46 year old Association for the period 2005-2009, the Caribbean Association of Home Economists Inc. (CAHE).

Professionally, Sonja was a Home Economics Educator who taught at the primary, secondary and tertiary levels. She served in the position of Curriculum officer for Home Economics at the Ministry of Education in St. Vincent and the Grenadines before her retirement.

Mrs. LEWIS was a dedicated member of CAHE (Registration # 028) and served for over the twenty five consecutive years on the Executive Leadership Team. There she served as Assistant Secretary, Chairperson for the Nominations Committee, the Membership Committee, as First Vice President and then as President. Having worked her way to the top, she was straightway recalled to serve as Consultant, where she performed with great zeal and zest until she so suddenly left us. Sonja was also a member of the International Federation for Home Economics (IFHE)

Her achievements within the Association were extremely significant to its growth and visibility; a selfless display of time, energy, her personal finances and skills. She was a leader who truly demonstrated accountability in all CAHE activities and was not afraid to delegate to other members. She was proud to keep the CAHE flag flying high by wearing as many of the visibility memorabilia as she can, anywhere and anytime there was an opportunity. In 1998 Mrs LEWIS spearheaded the Chronicles committee that captured and published the first 30 years of the Association. She was recently tasked with chronicling the next 30 years, a task that is in process. Mrs LEWIS also coordinated the CAHE song competition, which resulted in a sterling piece of music sung at the commencement of all CAHE activities. It was also under her presidency that the recipe book Caribbean Cuisine was published.

Mrs. LEWIS was also a keen motivational speaker and is fondly remember as the vibrant guest speaker of the occasion of the 50th Anniversary of the Trinidad and Tobago and at the launch of the recipe book in Guyana.

She was a role model to novice Home Economists in St. Vincent and the Grenadines and ensured that their financial status remained current. She also made sure that they accessed all opportunities available to them.

When the announcement of the death was posted to the Association’s website and linked to our Facebook page, in two days it recorded over 2,000 hits and to date in excess of 4,200 hits and twenty shares. This further speaks volumes to the manner of woman that she was. “A giant of a woman …” one comment said. She was a gentle giant of a woman. Tributes quickly flowed in from across the globe first from Australia then closer home. They recorded their love and sentiments of her gentleness foremost, and also of her kindness, warmth, efficiency, meticulous nature, thoughtfulness, charity and the list continues. Sonja our colleague, our, sister, our mentor, oh how we miss you, forever in our hearts...

The Caribbean Association of Home Economists Incorporated (CAHE) would like to extend deepest condolences to the relatives, friends and colleagues of the Home Economics fraternity.

May her soul rest in peace and rise in glory.
CALENDAR OF EVENTS

2018

1st – 5th October
8th Edition of the Africa Nutritional Epidemiology Conference
“Multi-stakeholder Nutrition Actions in Africa: translating Evidence into Policies, and Programmes for Impact”
Africa Nutrition Society and the Food and Nutrition Society of Ethiopia
Co-organised with the African Union
Addis Ababa, Ethiopia

14th – 16th October
10th World Health Summit 2018 “Science – Innovation – Policies”
Charité - Berlin, Germany

19th – 21st October
Philippine Home Economics Association (PHEA) – 70th National Conference and Training
“Millenial Innovations for elderly Well Being: A Challenge for Home Economists Towards Sustainable Living”
Legend Hotel – Puerto Princesa City, Palawan, Philippines

24th – 28th October
Home Economics Professional Association of Nigeria (HEPAN) – 8th National Conference
“Family Dynamics: A Home Economics Perspective of Building A Strong and Peaceful Nation Across Boundaries”
hosted by: National Institute for Educational Planning and Administration (NIEPA)
Prof. Taiwo AJAYI Hall, NIEPA Ondo City, Ondo State, Nigeria

23rd – 24th October
Doha International Family Institute (DIFI), Member of Qatar Foundation for Education, Science and Community Development International Conference
“Parenting, Child Well-Being and Development”
in collaboration with UNICEF-MENARO at the Qatar National Convention Centre - Doha, Qatar

17th November
100 Years Finnish Home Economics Association
Helsinki, Finland

ORDER YOUR OWN IFHE HISTORY BOOK!

Order forms can be downloaded from the IFHE Website or use the online order form under https://www.ifhe.org/publications/ifhe-special-publications/ifhe-history-book-dvd/. Opinions expressed in this newsletter are those of the contributors and do not necessarily represent the views of the Federation. ©IFHE This publication is subject to copyright and permission must be sought for reproduction of content. Enquiries should be directed to office@ifhe.org

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