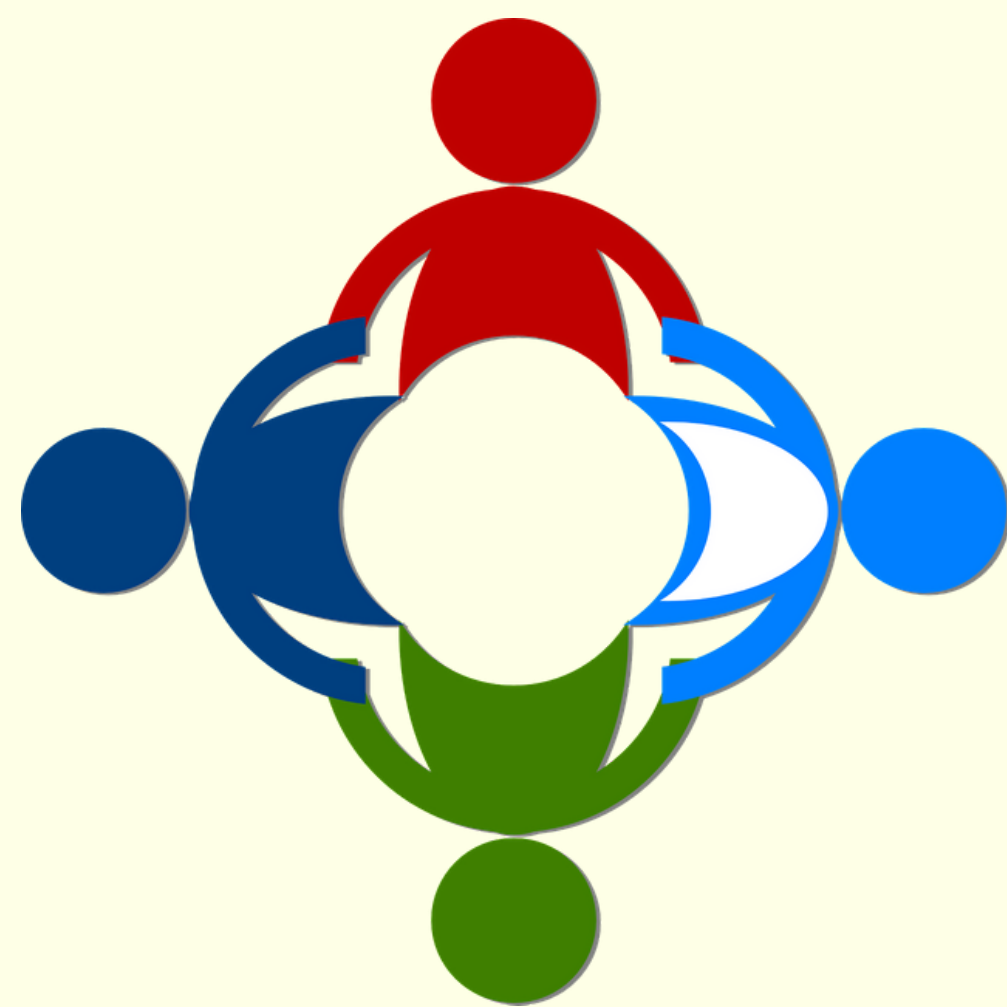




**The Toronto Home Economics Association
invites you to a free virtual presentation**

Age Friendly Communities

Presented by Guest Speaker Heather
Thompson MSc. Aging and Health



Celebrate IFHE World Home Economics Day 2021 and World Health Organization Decade of Healthy Ageing 2020-2030, Toronto Home Economics Association presents Age Friendly Communities, a virtual presentation by Heather Thompson, Director of Age-Friendly Initiatives with Community Development Halton. How can communities contribute to the participation, health, independence, and security of people as they age? Many of us have heard the term age-friendly communities, but what exactly makes a community age-friendly? Informed by the framework of the World Health Organization's Age-Friendly cities guide and practice, this presentation will focus on the domains and attributes of an age-friendly city and community, highlighting the benefits and strategies that enhance the quality of life for people as they age.

Thursday March 4th, 2021
7:00 P.M. – 8:00 P.M.

RSVP: info.thea@yahoo.ca